## Boating Tip \#2: Nautical Formulas \& Conversion Factors

## Visibility

Distance to the horizon in nautical miles $=1.17 \times$ (square root of your eye height)

Distance at which an object becomes visible $=1.17 \times$ (square root of your eye height) + $1.17 \times$ (square root of the height of the object)

## Atmospheric Pressure

Atmospheric pressure at sea level $=14.7 \mathrm{psi}$
For each foot of water depth, pressure increases 0.445 psi
Pressure doubles every 33 feet
Example:
Calculate pressure at a depth of 66'
$66^{\prime} \times 0.445 \mathrm{psi} / \mathrm{ft}=29.37+14.7=44.1=3$ atmospheres
For each 1,000 feet in altitude, pressure decreases 1 foot of head or 0.433 psi, so at 2,000 feet above sea level, pressure would be $14.7-2 \times 0.433=13.83$

## Barometric pressure

Average at sea level: 29.92 inches $=1013.2$ millibars (range $950 \mathrm{mb}-1035 \mathrm{mb}$ ) Inches of mercury x $33.86=$ Millibars

Millibar $\div 33.86=$ Inches of mercury

## Length

Statute mile $=5,280$ feet
Nautical mile $=6,076$ feet, 1 minute of latitude, $1 / 60$ degree, 880 fathoms, 7.5 cables
League varies, but in U.S., Great Britain, France and Spain, 1 league $=6,075$ yards, 18,225 feet, 5,555 meters, 3 nautical miles

Fathom = 6 feet, 1.83 meters
Meter $=3.281$ feet, 0.547 fathoms
Cable = 120 fathoms, 720 feet

## Speed conversion formulas

Nautical miles per hour (Knots) x 1.151 = Statute miles per hour Statute miles per hour $\times 0.869=$ Knots

Nautical miles per hour (Knots) x $1.852=$ Kilometers per hour Kilometers per hour x $0.540=$ Nautical miles per hour (Knots)

Statute miles per hour $\times 1.609=$ Kilometers per hour
Kilometers per hour $\times 0.621=$ Statute miles per hour
Nautical miles per hour (Knots) x $1.687=$ Feet per second
Feet per second $\times 0.5925=$ Nautical miles per hour (Knots)
Statute miles per hour $\times 1.467=$ Feet per second Feet per second $\times 0.682=$ Statute miles per hour

## Distance / Speed / Time Conversions

Distance $=$ Speed $\times$ Time
Speed $=$ Distance $\div$ Time
Time $=$ Distance $\div$ Speed
60 D ST
Distance in knots
Speed in nautical miles per hour Time in minutes


Speed $=(60 \times$ Distance $) \div$ Time
Distance $=($ Speed $x$ Time $) \div 60$
Time $=(60 \times$ Distance $) \div$ Speed

## Temperature Conversion

Fahrenheit to Celsius $\quad\left(F^{\circ}-32\right) \div 1.8$ or $F^{\circ}-32 \times 5 / 9$<br>Celsius to Fahrenheit $\quad\left(\mathrm{C}^{\circ} \times 1.8\right)+32$ or $\mathrm{C}^{\circ} \times 9 / 5+32$

## Time

Day $=24$ hours, 1,440 minutes, and 86,400 seconds
Time zones were standardized in 1883, with the prime meridian set at Greenwich, England. The earth was divided into 24 international time zones at each $15^{\circ}$ of longitude. Each zone is one hour apart. Zones are sometimes altered due to geographic and political boundaries. Some states have modified their time zone boundaries, for example, Alaska, Texas, Michigan, Florida, and Indiana. Some countries, like China, have chosen to use only one time zone.

Time zones W of the prime meridian are "earlier" than Greenwich Mean Time (GMT). Greenwich Mean Time is also referred to as Universal Time (UTC). Times zones E of the prime meridian are "later" than GMT.

The International Date Line is an imaginary line directly opposite Greenwich at $180^{\circ}$. When traveling west, advance one day when you cross the International Date Line.

Daylight Savings Time is applied in many parts of the world to add an additional hour of daylight during parts of the year. Most countries observe Daylight Savings Time during their Summer months, but a few countries add an extra hour during their Winter months instead. In the U.S., Arizona, Hawaii and parts of Indiana do not observe Daylight Savings Time. In most of the United States, remember to:

Spring forward 1 hour the first Sunday in April
Fall back 1 hour the last Sunday in October

| Longitude | Zone | Adjustment <br> from UTC | Military I <br> NATO | Cities I <br> Countries |
| :---: | :---: | :---: | :---: | :---: |
| $7^{\circ} 30^{\prime} \mathrm{W}-7^{\circ} 30^{\prime} \mathrm{E}$ | Greenwich Mean Time <br> Western European Time | 0 | Z <br> Zulu | London |
| $7^{\circ} 30^{\prime} \mathrm{W}-22^{\circ} 30^{\prime} \mathrm{W}$ |  | -1 | N <br> November | Cape Verde |
| $22^{\circ} 30^{\prime} \mathrm{W}-37^{\circ} 30^{\prime} \mathrm{W}$ |  | -2 | O <br> Oscar | Azores |
| $37^{\circ} 30^{\prime} \mathrm{W}-52^{\circ} 30^{\prime} \mathrm{W}$ | -3 | P <br> Papa | Rio de <br> Janeiro |  |
| $52^{\circ} 30^{\prime} \mathrm{W}$ | Newfoundland Standard <br> Time | -3.5 |  | St. Johns |


| $52^{\circ} 30^{\prime} \mathrm{W}-67^{\circ} 30^{\prime} \mathrm{W}$ | Atlantic Standard Time | -4 | $\begin{gathered} \text { Q } \\ \text { Quebec } \end{gathered}$ | Halifax |
| :---: | :---: | :---: | :---: | :---: |
| $67^{\circ} 30^{\prime} \mathrm{W}-82^{\circ} 30^{\prime} \mathrm{W}$ | Eastern Standard Time | -5 | $\begin{gathered} \mathrm{R} \\ \text { Romeo } \\ \hline \end{gathered}$ | New York Havana |
| $82^{\circ} 30^{\prime} \mathrm{W}-97^{\circ} 30^{\prime} \mathrm{W}$ | Central Standard Time | -6 | $\begin{gathered} \mathrm{S} \\ \text { Sierra } \end{gathered}$ | Chicago |
| $97^{\circ} 30^{\prime} \mathrm{W}-11230^{\prime} \mathrm{W}$ | Mountain Standard Time | -7 | $\begin{gathered} \mathrm{T} \\ \text { Tango } \end{gathered}$ | Phoenix |
| 1120 $30^{\prime} \mathrm{W}-127^{\prime} 30^{\prime} \mathrm{W}$ | Pacific Standard Time | -8 | Uniform | Los Angeles |
| $127^{\circ} 30^{\prime} \mathrm{W}-142^{\circ} 30^{\prime} \mathrm{W}$ | Alaska Standard Time | -9 | $\frac{V}{V}$ | Anchorage |
| $142^{\circ} 30^{\prime} \mathrm{W}-157^{\circ} 30^{\prime} \mathrm{W}$ | Hawaii - Aleutian Standard Time | -10 | Whiskey | Honolulu |
| $157^{\circ} 30^{\prime} \mathrm{W}-172^{\circ} 30^{\prime} \mathrm{W}$ |  | -11 | $\begin{gathered} X \\ \text { X-ray } \end{gathered}$ | Midway |
| $172^{\circ} 30^{\prime} \mathrm{W}-180^{\circ}$ | International Date Line | -12 | Yankee |  |
| $172^{\circ} 30^{\prime} \mathrm{E}-180^{\circ}$ | International Date Line | +12 | $\begin{gathered} \mathrm{M} \\ \text { Mike } \\ \hline \end{gathered}$ | Auckland |
|  | Norfolk Island Time | +11.5 |  | Norfolk Island |
| $157^{\circ} 30^{\prime} \mathrm{E}-172^{\circ} 30^{\prime} \mathrm{E}$ |  | +11 | $\begin{gathered} \mathrm{L} \\ \text { Lima } \end{gathered}$ |  |
| $142^{\circ} 30^{\prime} \mathrm{E}-157^{\circ} 30^{\prime} \mathrm{E}$ | Australian Eastern Standard Time | +10 | $\begin{gathered} \mathrm{K} \\ \text { Kilo } \end{gathered}$ | Sydney |
|  | Australian Central Standard Time | +9.5 |  | Alice Springs |
| $127^{\circ} 30^{\prime} \mathrm{E}-142^{\circ} 30^{\prime} \mathrm{E}$ |  | +9 | $\begin{gathered} \hline 1 \\ \text { India } \end{gathered}$ | Tokyo |
| $112^{\circ} 30^{\prime} \mathrm{E}-127^{\circ} 30^{\prime} \mathrm{E}$ | Australian Western Standard Time | +8 | $\begin{gathered} \mathrm{H} \\ \text { Hotel } \end{gathered}$ | Perth China |
| $97^{\circ} 30^{\prime} \mathrm{E}-112^{\circ} 30^{\prime} \mathrm{E}$ | Christmas Island Time | +7 | $\begin{gathered} \mathrm{G} \\ \mathrm{Golf} \\ \hline \end{gathered}$ | Thailand |
| $82^{\circ} 30^{\prime} \mathrm{E}-97^{\circ} 30^{\prime} \mathrm{E}$ |  | +6 | $\begin{gathered} \mathrm{F} \\ \text { Foxtrot } \end{gathered}$ | Bangladesh Rangoon |
|  |  | +5.5 |  | Delhi |
| $67^{\circ} 30^{\prime} \mathrm{E}-82^{\circ} 30^{\prime} \mathrm{E}$ |  | +5 | $\begin{gathered} \mathrm{E} \\ \text { Echo } \end{gathered}$ | Karachi |
| $52^{\circ} 30^{\prime} \mathrm{E}-67^{\circ} 30^{\prime} \mathrm{E}$ |  | +4 | $\begin{gathered} \text { D } \\ \text { Delta } \\ \hline \end{gathered}$ | Oman |
|  |  | +3.5 |  | Teheran |
| $37^{\circ} 30^{\prime} \mathrm{E}-52^{\circ} 30^{\prime} \mathrm{E}$ |  | +3 | C Charlie | Moscow Baghdad |
| $22^{\circ} 30^{\prime} \mathrm{E}-37^{\circ} 30^{\prime} \mathrm{E}$ | Eastern European Time | +2 | $\begin{gathered} \text { B } \\ \text { Bravo } \end{gathered}$ | Cairo, Helsinki Cape Town |
| $7^{\circ} 30^{\prime} \mathrm{E}-22^{\circ} 30^{\prime} \mathrm{E}$ | Central European Time | +1 | A Alpha | Paris <br> Rome |

Note: There is no " J " or Juliet time zone. J is used to describe the current time for the observer.

## Resistance to Capsizing Formula

Divide the boat's gross tonnage in pounds by the constant 64, then take the cubed root of that number.

Divide the beam of the boat in feet and tenths of a foot by the number derived above. If the result is less than 2, the boat is relatively safe from capsize

Example:
Boat displaces 13 Gross Tons $=26,000$ pounds
26,000 pounds $\div 64=406.25$
Cube root of $406.25=7.406$
Beam = 12' $11^{\prime \prime}=12.916^{\prime}$
$12.916^{\prime} \div 7.406=1.74$
1.74 is $<2$

## Boat Displacement: Length Ratio Formula

Divide the LWL by 100, then cube the result
Divide the resulting number by the boat's displacement in gross tons
Example:

$$
\begin{aligned}
& 34.9^{\prime} \div 100=0.349 \\
& (0.349)^{3}=0.0425 \\
& 13 \text { Gross Tons } \div 0.0425=305.9
\end{aligned}
$$

| Number | Result |
| :--- | :--- |
| $>380$ | Very heavy displacement boat |
| $320-380$ | Heavy displacement boat |
| $250-320$ | Medium displacement boat |
| $120-250$ | Light displacement boat |
| $50-120$ | Very light displacement boat |
| $<50$ | Ultra light displacement boat |

## Maximum Hull Speed

$1.34 x$ the square root of the LWL (waterline length)

Larger displacement sailboats can usually travel faster than smaller boats because hull speed depends on the length of the boat's waterline and the volume of water displaced. Resistance increases as speed increases. At optimum speed the bow and stern wakes combine to form a single wake or wave. Theoretically, a sailboat cannot travel faster than the wave created, and wave speed is 1.34 times the square root of the distance between wave crests. Wave length increases proportionally to wave height. So the higher the wave created, the greater the distance between crests, the faster the wave travels. As sailboat speed increases, a greater volume of water has to be displaced, the bow wave increases in height, the distance between crests increases, and boat speed increases. It is only possible to exceed hull speed, if the sailboat, because of its design (some fin keel and centerboard designs), is capable of planing along the water surface, or by sailing downwind and surfing down the front of a wave.

## Beaufort Scale for Measuring Wind Speed

| Beaufort Number | Description | Wind Speed |
| :---: | :--- | :--- |
| 0 | Calm | $<1 \mathrm{mph}$ |
| 1 | Light air | $1-3$ |
| 2 | Light breeze | $4-7$ |
| 3 | Gentle breeze | $8-12$ |
| 4 | Moderate breeze | $13-18$ |
| 5 | Fresh breeze | $19-24$ |
| 6 | Strong breeze | $25-31$ |
| 7 | Moderate gale | $32-38$ |
| 8 | Fresh gale | $39-46$ |
| 9 | Strong gale | $47-54$ |
| 10 | Whole gale | $55-63$ |
| 11 | Storm | $64-75$ |
| 12 | Hurricane | $>75 \mathrm{mph}$ |

## Sea Watches

| Time | Watch |
| :--- | :--- |
| $1200-1600$ | Afternoon watch |
| $1600-1800$ | First dog watch |
| $1800-2000$ | Second dog watch |
| $2000-2400$ | First night watch |
| $0000-0400$ | Middle watch |
| $0400-0800$ | Morning watch |
| $0800-1200$ | Forenoon watch |

